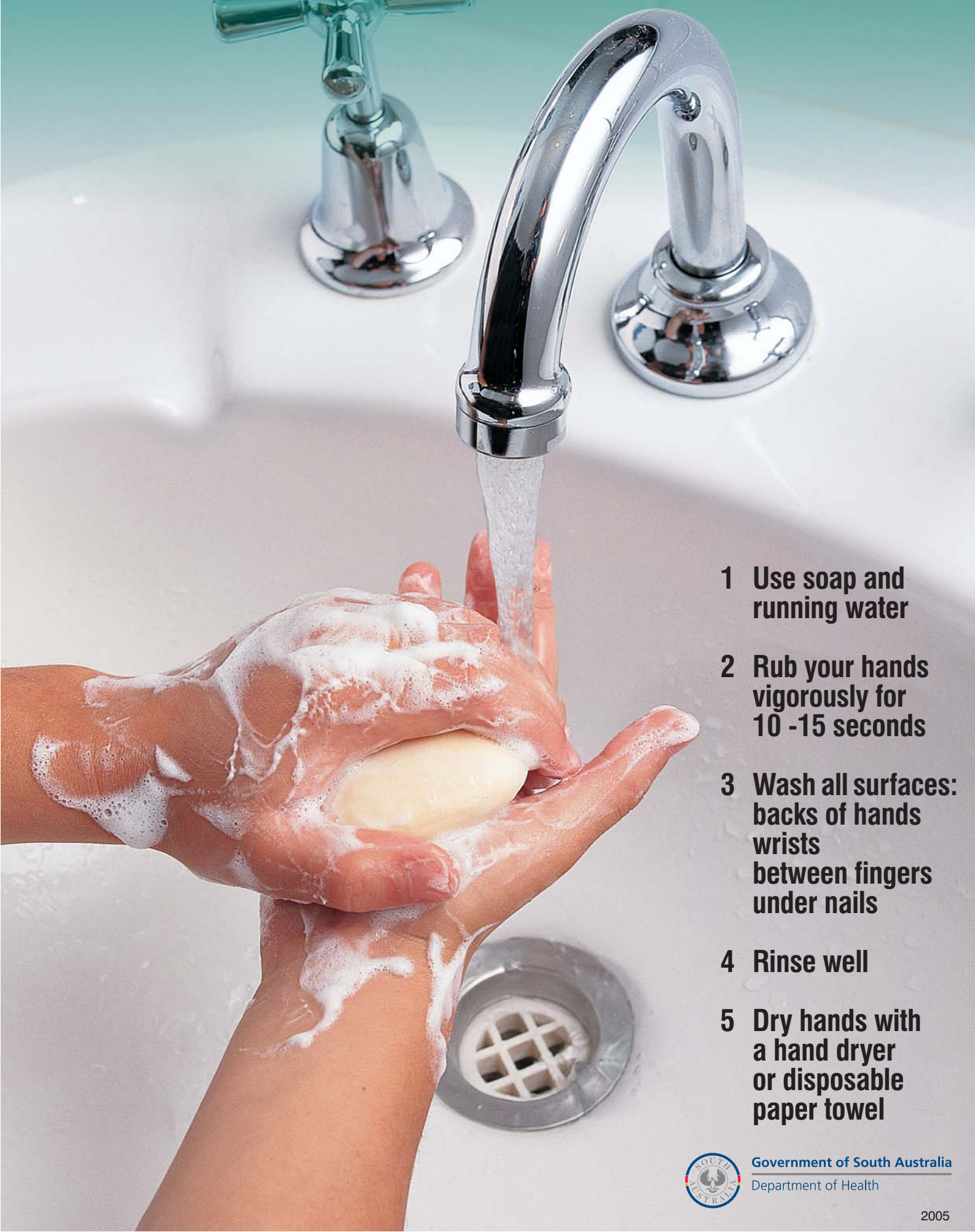


5 steps to clean hands



- 1 Use soap and running water**
- 2 Rub your hands vigorously for 10 -15 seconds**
- 3 Wash all surfaces:
backs of hands
wrists
between fingers
under nails**
- 4 Rinse well**
- 5 Dry hands with
a hand dryer
or disposable
paper towel**

